

## Royal Yachting Association First Aid Training

1-day course

## Royal Yachting Association First Aid Training. A 1-day course.



Be safe around water with our one-day course, which covers first aid skills, techniques, and knowledge from a boating and marine perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, estuaries or, at sea.

The RYA First Aid Course is aimed at enthusiasts and professionals alike, with it forming part of the prerequisite list for most practical RYA Instructor Courses. However, we welcome anyone onto this course, as first aid skills are transferable and could help you save a life.

Many 'office-based' first aid courses are available, however the RYA's course is approved by the Maritime and Coast Guard Agency and covers elements not 'generally' covered during standard training; examples would be the 'Protocol for Drowning' within CPR, and Category 'C' Medical Stores.

The RYA First Aid course fulfils the requirements needed for Maritime and Coast Guard Agency 'Boat-Masters' and for Professional / Commercial Skippers working anywhere from the canal and inland river network, right up to 60 miles offshore.









## **Course Content**

The RYA First Aid course covers areas including drowning, cold water shock, seasickness, dehydration, and hypothermia. This course is aimed at anyone who gets afloat, whether on inland waters, rivers, estuaries, or at sea.

This essential 1-day First Aid course is for anyone that gets afloat, and as the skipper of a vessel you have a responsibility to be able to care for your crew. We strongly advise crews working with the public to undertake the course as it is they who would be dealing with the casualty whilst the Skipper manages the passage of the vessel back to the arranged disembarkation point for onward travel to the medical services.

The one-day RYA First Aid course is run by an experienced RYA instructor with a good appreciation of medical care afloat and develops the confidence and ability to perform basic first aid when on the water – an essential course for everyone afloat or working in the water margins.

The syllabus is based on the recommendations of the Health and Safety Executive and the Maritime and Coastguard Agency. The certificate fulfils the requirements of the MCA Code of Practice for the skippers of small commercial vessels up to category 2 and for all RYA practical instructors. The course Includes First Aid Handbook and Certificate

Essential for anyone involved with the water, this one-day RYA First Aid course is aimed at anyone 'going afloat' and covers all standard first aid topics with a focus on boating-specific scenarios.

First Aid knowledge and skills can be the critical link in providing aid until professional help arrives and, in remote locations, first aid knowledge is often life-saving. Being able to respond to emergency situations in a maritime environment is crucial.

Group bookings can be accommodated easily (6-8 candidates per intake), individuals and smaller groups are requested to submit an expression of interest and we will try to pool smaller cohorts into one larger group for training.

To discuss a booking please contact the office on 01902 544329 or via email (and to make a formal booking) via office@midlandmarine.co.uk











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